

Rediscover Your Source at Chuan Spa



Our exclusive Chuan Spa Father treatment is ideal for treating your dad or a special man in your life this Father's Day – Sunday, September 6 – but is also available for the month of September.

Perfect for the Kiwi bloke who has everything but who deserves some time out to re-energise and relax on his special day. To make September extra special, sublime couples treatments are also available to ensure mums can make the most of the day, too, with some of the following packages:

CHUAN FATHER

This treatment starts with a back exfoliation to help cleanse and replenish the skin, leaving it revived and re-energised. It is followed by a back, neck and shoulder relaxation massage to release muscular tension and relax the body. The treatment concludes with a purifying facial cleanse and massage specifically designed for a man's complexion. \$150 for 1 hour and 15 minutes.

CHUAN ETERNITY

Treat yourself to the ultimate pampering whole-body experience. First, an evening primrose oil body exfoliation to soften the skin and restore the natural glow before having full-body tensions and stresses

massaged away. Your pampering continues with a Chinese Acupressure Scalp Massage, leaving you feeling totally relaxed. Then experience the indulgent Thalgo Classical Facial designed to bring all skin types back into natural balance and leave your skin revitalised and radiant. Conclude with a Healing Hands or Feet Retreat, including nail and cuticle work. \$360 per person or \$650 per couple for 3 hours and 15 minutes.

EXCLUSIVE SUITE USE

Our dual Chuan Spa suite is available for you and your partner to share your spa moments in exclusive privacy and can be booked in advance for any package or treatment. Indulge before an in-room treatment or simply book the suite separately to enjoy the peaceful use of your twin tub while drifting off in the calming surroundings. \$80 per couple for 30 minutes.

**For bookings phone: 09 300 2960
or email: tlakl.info@chuanspa.com**

The Langham hosts eco-chic Big Shwop

On Saturday, September 26, The Langham is delighted to host The Big Shwop, which is an exciting social event giving women the opportunity to recycle and re-use their clothes while still remaining fashionable. Event organiser Sarah Hopkins describes the concept of shwopping as "an event that brings people and their wardrobes together for an afternoon of shopping that won't make a dent on their bank accounts or their conscience. The Big Shwop is not about getting rid of worn out, dated clothes. It's about being brave and re-using the good-quality fashionable items you have by

exchanging them for other great clothes that you'll love just as much or more." The Langham's Marketing Communications Manager, Rachel Broadmore, says the hotel's reputation for old-school glamour is undisputed but is also underpinned by its environmental awareness. "We are very pleased to support The Big Shwop as another way of supporting sustainable living," she says.

Keen shwoppers should pre-register for the event by visiting www.thebigshwop.co.nz to secure a place on the day. Entry is \$10 at the door.

For further information go to www.langhamhotels.co.nz or phone 0800 61 62 61.

